

# Practice Masters Challenge & Referee/Scorekeeper Training

ALL LOCATIONS - NO CLASSES

DATE: SATURDAY, 10/5/24

LOCATION: STETSON HILLS DOJANG  
5799 STETSON HILLS DRIVE

## SCHEDULE

8:00-10:00 AM	Referee/Ring Manager/Score Keeper Training (all students and parents who plan to volunteer in this area should participate in this training. Leadership, Woosong, and Masters Program students are strongly encouraged to participate to receive hourly credit)
9:15-10:00 AM	Participant Check-in for Morning Events
10:00-11:30 AM	Sparring (IS), Individual Power Knifehand (IPKH), Individual Power Skipping Side Kick (IPSSK), Individual Power Back Kick (IPBK), Individual Spin Hook Kick (ISHK), Jumping High Kick (IJHK), Individual creative forms with/without weapons (ICFWO/IFCWW), team Creative forms with/without weapons (TCFWO/TCFWW)
11:15-12:15 PM	Participant check-in for afternoon events
11:30-12:15 PM	Lunch Food will be available for purchase for students. Lunch will be provided for OC and Referees
12:15-1:15 PM	Individual Traditional Forms (ITF) maximum of 60 participants Team Traditional Forms (TTF) & Pairs Traditional Forms (PTF)
1:15-2:30 PM	Individual Creative Board Breaking (ICB) maximum of 60 participants
2:30-2:45 PM	Breakdown
2:45-3:45 PM	All Organizing Committee Meeting

### Online sign up, no cost to participate

(unless students want to break real boards - have to purchase own boards)

**1/4 Inch Wooden Boards** (for individual Creative Breaking, Jumping High Kick, & Spinning Hook Kick Events)

\$3.99 per board; \$28.99 for 10 boards

**3/4 Inch Wooden Boards** (for Individual Knife Hand Downward, Skipping Side Kick, Turning Back Kick Events)

\$5.99 per board; \$45 for 10 boards

\*Real Wooden Boards are not provided or required but will be available for purchase if desired\*



Sign-up Here:

[www.ustaekwondocenter.com/events](http://www.ustaekwondocenter.com/events)

