

2026

# ROCKY MOUNTAIN STATE GAMES



## STATE GAMES

**REGISTRATION NOW OPEN!**

**Saturday, July 25, 2026**

**Sand Creek High School**

7005 Carefree Cir N  
Colorado Springs, CO 80922

SCAN TO REGISTER:



719-488-4321

[HTTPS://USTAEKWONDOCENTER.COM/EVENTS](https://ustaekwondocenter.com/events)



# 2026 ROCKY MOUNTAIN STATE GAMES

## SATURDAY, JULY 25<sup>th</sup>

Taekwondo practitioners throughout Colorado and surrounding states will have the opportunity to challenge themselves in a safe and controlled environment. Students can participate in a variety of Taekwondo events. All students will be divided into categories based on age, weight, and ability at the Organizing Committee’s discretion. **1st, 2nd, and 3rd place participants will be awarded medals!**

### **COMPETITION EVENTS:**

- |   |                                     |
|---|-------------------------------------|
| Individual Creative Breaking                        | Individual Creative Breaking – Para |
| Individual Traditional Forms                        | Individual Traditional Forms – Para |
| Individual Traditional Forms – Sport                | Individual Spin Hook Kick           |
| Individual Jumping High Kick                        | Individual Power Knife Hand         |
| Individual Power Skipping Side Kick                 | Individual Power Back Kick          |
| Individual Creative Forms (with or without weapons) | Individual Sparring – Traditional   |
| Team Creative Forms (with or without weapons)       | Team Traditional Forms              |
| Pairs Traditional Forms                             | Team Demonstration – Recreational   |
|   | Team Demonstration - Championship   |

### **COST:**

**PARTICIPANT EARLY BIRD PRICING: ENDS MONDAY, JUNE 22, 2026 @ 11:59 PM**  
\$85 Registration Fee for the 1<sup>st</sup> event & \$15 for each additional event.

**REGISTRATION: ENDS WEDNESDAY, JULY 22, 2026 @ 12:00 PM (NOON)**  
\$95 Registration Fee for the 1<sup>st</sup> Event & \$20 for each additional event.

- \*All Board Breaking events will incur an additional **flat** fee of \$10 **per** board breaking event.
- \*If you register for more than 5 events the 6<sup>th</sup> event and beyond will be at the 1<sup>st</sup> event rate.
- \*There will be a processing fee of \$7 applied to each registration

**ONLINE REGISTRATION ONLY:** No cash payments will be accepted. Payment by credit/debit card and checking/savings account can be made online.



<b><u>SPECTATORS</u></b>	<u>Advance</u>	<u>At Door</u>
Child	\$6	\$8
Adult	\$8	\$11

### **NO REFUNDS**

**ONLINE REGISTRATION WILL CLOSE ON**  
**WEDNESDAY, JULY 22<sup>nd</sup> @ 12:00 PM (NOON)**

**ABSOLUTELY NO REGISTRATIONS WILL BE ACCEPTED AFTER THIS DATE!**  
**Register at <https://www.coloradospringsports.org/taekwondo/>– You will need the**  
**following information:**

*Student Name	*Phone Number	*Belt Rank (Geup)	*Taekwondo School
*Birthdate	*Gender	*Height	*Weight
			*Events
			*PICTURE

## Rocky Mountain State Games Schedule of Events (as of 4/30/2026).

### Schedule is subject to change after the close of registration

<b>When:</b>	<b>Friday, July 24<sup>th</sup>, 2026 -- All Locations - No Regular Classes</b>
<b>Where:</b>	LOCATION – Sand Creek High School 7005 Carefree Circle N. COS, CO 80922
2:00 --4:00 PM	Load trailer and truck at U.S. Taekwondo Center - Stetson Hills. Volunteers needed. Sign up at <a href="http://www.familyblackbelt.com">www.familyblackbelt.com</a>
4:30 – 9:30 PM	Setup at Sand Creek High school-- Volunteers Needed. Sign up at <a href="http://www.familyblackbelt.com">www.familyblackbelt.com</a>
5:30 – 7:45 PM	Referee training. Attire: Dobok
5:30 – 7:45 PM	Scorekeeper, board holder, ring runner training.
6:30 – 7:30 PM	Early Participant Badge pick up. All sparring athletes are highly encouraged to check-in Friday night. There are NO Weigh ins. Traditional sparring does not require weigh-in.
7:45 – 9:30 PM	Dinner for referees and organizing committee. Final setup
8:00 – 8:30 PM	Organizing Committee Meeting
<b>When:</b>	<b>Saturday, July 25<sup>th</sup>, 2026 -- All Locations - No Regular Classes</b>
<b>Where:</b>	LOCATION – Sand Creek High School 7005 Carefree Circle N. COS, CO 80922
7:00 AM	All staff, committee chairs, and volunteers arrive
7:10 – 7:20 AM	All Organizing Committee meeting
7:20 AM	Referee photo -- meet at the head table
7:30 AM	All Sparring participants and Championship Demo Teams report to the holding area
7:30 AM – 12:30 PM	Doors open & Participant badge pick up for all events
8:00 – 10:00 AM	Championship and Recreational Demo Team competition
8:00 – 10:00 AM	Individual Traditional Sparring
10:00 – 12:00 PM	Individual Traditional Forms, Individual <b><i>Sport</i></b> Poomsae, Individual Power Breaking Skipping Side Kick, Individual Power Breaking Turning Back Kick, Individual Power Breaking Downward Knife-hand, Individual Spinning Hook Kick, Team Traditional Forms, Pairs Traditional Forms
12:00 – 1:00 PM	Lunch Break. Food available for purchase at Sand Creek High School
1:00 – 1:45 PM	Opening Ceremonies, Parade of Athletes, Demonstration by USTC Championship Demonstration Team
1:45 – 2:00 PM	Transition and mat setup
2:00 – 6:00 PM	Individual <b><i>Sport</i></b> Poomsae (continued), Team Traditional Forms (continued), Pairs Traditional Forms (continued), Team Creative Forms with Weapons, Individual Creative Forms with Weapons, Team Creative Forms withOUT Weapons, Individual Creative Forms withOUT Weapons, Individual Creative Breaking, Individual Jumping High Kick, Individual Traditional forms (PARA), Individual Creative Breaking (PARA)
6:00 – 7:30 PM	Breakdown, Cleanup, and Loading Trailer
7:30 – 8:30 pm	Dinner for referees and organizing committee

<b>When:</b>	<b>Sunday, July 26<sup>th</sup>, 2026</b>
<b>Where:</b>	U.S. Taekwondo Center - Stetson Hills– 5799 Stetson Hills Blvd.
9:00 – 11:00 AM	Unload trailer at Stetson Hills Dojang. Volunteers needed. Sign up at <a href="http://www.familyblackbelt.com">www.familyblackbelt.com</a>

***All Times are tentative.*** A final schedule will be available on competition day pending the final number of participants. Students **DO NOT** have to stay all day. If you choose to leave after checking in, you must be back 15 minutes before your event begins. A no-show is an **AUTOMATIC DISQUALIFICATION**. Please, **DO NOT** drop out of any event as it alters numerous divisions and participants. There are **NO REFUNDS**.

## **ADDITIONAL IMPORTANT DETAILS**

**Lunch:** Competition will be paused from 12:00 PM – 1:00 PM on Saturday to allow students time for lunch. There will be lunch options available for purchase at Sand Creek High School.

**Check-In:** All participant badge pickup will be located at Sand Creek High School. Spectator tickets may be purchased at the door OR at a discount online during registration.

**Volunteers:** Volunteers are the FOUNDATION of a great event. Volunteers can choose to serve in a 3 hour or 4 hour shift. *Time may not be broken up throughout the day.*

**3 Hour Shift:** Volunteers will receive a free t-shirt and free admission

**4 Hour Shift:** Volunteers will receive a free t-shirt, free admission, 1 free additional spectator ticket, free lunch

Scorekeeper, Board holding, and ring runner training will take place Friday July 24<sup>th</sup> from 5:30 – 7:45 PM at Sand Creek High School. All other training will take place “on the job” on the day of the event.

**Volunteers MUST be age 13 or older.** Exceptions made on a case-by-case basis at the discretion of the Organizing Committee. Please sign up online at **[www.familyblackbelt.com](http://www.familyblackbelt.com)**.

**Participant Badge:** Each participant will be issued an official name badge to wear around the neck. The Participant badge is required for competition. It should be worn at all times. **You will need a photo of yourself (5 megapixels or less head shot) for online registration.**

- a. Spectators may purchase wrist bands for admission into the venue. Fees are listed on page 1.

**Holding Area:** Participants should watch the TV monitors throughout the venue 30-45 minutes before their event begins. The TV monitors will display the division numbers that should report to the holding area. Once you check-in in the holding area, do NOT leave the holding area. If you are not present when called, it could lead to disqualification with no refund. When called please wait in your ring’s designated area.

**Shoes:** Shoes are NOT allowed for any events without a Doctor’s note stating shoes are required for participation. **Please bring this note with you and show it in the HOLDING AREA.**

**T-Shirts:** The official 2026 Rocky Mountain State Games t-shirt will be available for pre-order during the registration process. All participant names will be on the back of the shirt. Pre-order shirts are \$22. There will be a *limited supply* of t-shirts available for sale on a first-come, first-served basis the day of the event. The day of price is \$30. Deadline to pre-order your event t-shirt is Sunday, July 12, 2026.

**Coaching pass:** Only coaches will be allowed on the competition floor. There is a one-time coaching registration fee of \$25. All coaches must complete the code of conduct form online. Failure to comply with the code of conduct will result in immediate revocation of the coaching pass. Coaches may only be on the competition floor when his or her athlete is on the competition floor to perform. If you purchase a coaching pass you do NOT need to purchase a spectator ticket.

Please note: During the competition for Individual Creative Board Breaking (ICB) athletes are encouraged to provide their own holders. You do NOT need a coaching pass to be a holder. However, if you are only a holder – you CANNOT coach the student. If you intend to coach an athlete, you must register for a coach’s pass.

**\*\*PLEASE REVIEW ALL RULES CAREFULLY BEFORE PARTICIPATION\*\***