



## **2025 U.S. TAEKWONDO CENTER** **MASTERS CHALLENGE** **SAT, NOVEMBER 8<sup>th</sup>**



U.S. Taekwondo Center students will have the opportunity to challenge themselves in a safe and controlled environment. Students can participate in a variety of Taekwondo events. All students will be divided into categories based on age, weight, and ability at the USTC's discretion.

**1st, 2nd, and 3rd place participants will be awarded medals!**

### **USTC Student Participant Events:**

#### **BASIC COURSE (BC)**

1. Individual Creative Breaking  
Using Board Breaking techniques  
learned in class

#### **BLACK BELT CLUB (BBC)**

1. Individual Traditional Forms
2. Pairs Traditional Forms
3. Team Traditional Forms
4. Individual Creative Forms  
Without Weapons
5. Team Creative Forms  
Without Weapons
6. Individual Creative Breaking
7. Individual Jumping High Kick
8. Individual Power Breaking  
(Back Kick, Side Kick, Knife Hand)
9. Individual Spinning Hook Kick
10. Demo Team Competition
11. Traditional Sparring

#### **Leadership & Above**

1. Individual Traditional Forms
2. Individual Sport Poomsae  
(poomsae team members only)
3. Pairs Traditional Forms
4. Team Traditional Forms
5. Individual Creative Forms  
With or Without Weapons
6. Team Creative Forms  
With or Without Weapons
7. Individual Creative Breaking
8. Individual Jumping High Kick
9. Individual Power Breaking  
(Back Kick, Side Kick, Knife Hand)
10. Individual Spinning Hook Kick
11. Demo Team Competition
12. Traditional Sparring

### **COST:**

**EARLY BIRD REGISTRATION: ENDS FRIDAY, OCTOBER 10, 2025 @ 11:59 PM**

**\$80 Registration Fee for the 1<sup>st</sup> event & \$15 for each additional event.**

**REGULAR REGISTRATION: ENDS WEDNESDAY, NOVEMBER 5, 2025 @ 12:00 PM (NOON)**

**\$90 Registration Fee for the 1<sup>st</sup> Event & \$20 for each additional event.**

**\*ONLINE REGISTRATION ONLY: No cash payments or Dojang Dollars are accepted.**

**Payment by credit/debit card and checking/savings account can be made online.**

**\*All Board Breaking events will incur an additional flat fee of \$10 per board breaking event.**

**\*If you register for more than 5 events the 6<sup>th</sup> event and beyond will be at the 1<sup>st</sup> event rate.**

**\*There will be a processing fee of \$8.00 applied to each transaction.**



#### **SPECTATORS**

	<u>Advance</u>	<u>At the Door</u>
Children 3 & Under	FREE	FREE
Children 4-12	\$6	\$8
Adults 13 & Up	\$8	\$11

**NO REFUNDS**

**Fri 11/7 and Sat. 11/8 ALL DOJANGS, CLOSED-NO CLASSES**

**ONLINE REGISTRATION WILL CLOSE ON**  
**WEDNESDAY, NOVEMBER 5 @ 12:00 PM (NOON)**

**ABSOLUTELY NO REGISTRATIONS WILL BE ACCEPTED AFTER THIS DATE!**

**Register at [www.familyblackbelt.com](http://www.familyblackbelt.com) – You will need the following information:**

\*Student Name      \*Phone Number      \*Belt Rank (Geup)      \*Location      \*Program  
\*Birthdate      \*Gender      \*Height      \*Weight      \*Events      \*PICTURE

A weight scale and height chart are available at the front desk.

**Masters Challenge Schedule of Events (as of 9/4/2025).**  
**Schedule is subject to change after the close of registration**

<b>When:</b>	<b>Friday November 7<sup>th</sup>, 2025 -- All Locations - No Regular Classes</b>
<b>Where:</b>	Colorado Springs Christian School – 4845 Mallow Rd, Colorado Springs, CO 80907
2:00 – 4:00 PM	Load trailer at Stetson Hills Dojang. Volunteers needed. Sign up at <a href="http://www.familyblackbelt.com">www.familyblackbelt.com</a>
4:30 --9:30 PM	Setup at CSCS -- Volunteers Needed. Sign up at <a href="http://www.familyblackbelt.com">www.familyblackbelt.com</a>
5:30 – 7:45 PM	Referee and scorekeeper training. Attire: Dobok
6:30 – 7:30 PM	Early Participant Badge pick up. All sparring athletes are highly encouraged to check-in Friday night.
7:45 – 9:30 PM	Dinner for referees and organizing committee, Final setup

<b>When:</b>	<b>Saturday November 8<sup>th</sup>, 2025 -- All Locations - No Regular Classes</b>
<b>Where:</b>	Colorado Springs Christian School – 4845 Mallow Rd, Colorado Springs, CO 80907
7:00 AM	All staff, committee chairs, and volunteers arrive
7:10 – 7:20 AM	All Organizing Committee meeting
7:20 AM	Referee photo -- meet at the head table. Doors Open.
7:30 AM	All Sparring participants and Recreational Demo Teams report to the holding area
7:30 AM – 12:30 PM	Doors open & Participant badge pick up for all events
8:00 – 8:30 AM	Recreational Demo Team competition and Individual Traditional Sparring
8:30 – 12:00 PM	Individual Traditional Sparring (continued), Individual Traditional Forms, Individual <b><i>Sport</i></b> Poomsae, Individual Power Breaking Skipping Side Kick, Individual Power Breaking Turning Back Kick, Individual Power Breaking Downward Knife-hand, Individual Spinning Hook Kick, Team Traditional Forms, Pairs Traditional Forms
12:00 – 1:00 PM	Lunch Break. Food available for purchase at CSCS
1:00 – 1:45 PM	Opening Ceremonies, Parade of Athletes, Demonstration by USTC Combined Demonstration Team
1:45 – 2:00 PM	Transition and mat setup
2:00 – 6:00 PM	Individual <b><i>Sport</i></b> Poomsae (continued), Team Traditional Forms (continued), Pairs Traditional Forms (continued), Team Creative Forms with Weapons, Individual Creative Forms with Weapons, Team Creative Forms withOUT Weapons, Individual Creative Forms withOUT Weapons, Individual Creative Breaking, Individual Jumping High Kick
6:00 – 7:00 PM	Breakdown, Cleanup, and Loading Trailer
7:00 – 8:00 PM	Dinner for referees and organizing committee

<b>When:</b>	<b>Sunday, November 9<sup>th</sup>, 2025</b>
<b>Where:</b>	Stetson Hills Dojang – 5799 Stetson Hills Blvd.
9:00 – 11:00 AM	Unload trailer at Stetson Hills Dojang. Volunteers needed. Sign up at <a href="http://www.familyblackbelt.com">www.familyblackbelt.com</a>

**All Times are tentative.** A final schedule will be available on competition day pending the final number of participants. Students **DO NOT** have to stay all day. If you choose to leave after checking in, you must be back 15 minutes before your event begins. A no-show is an **AUTOMATIC DISQUALIFICATION**. Please, **DO NOT** drop out of any event as it alters numerous divisions and participants. There are **NO REFUNDS**.

## **\*DETAILS AND INFORMATION\***

**Parking:** Parking will be at the Pulpit Rock Church (301 Austin Bluffs Parkway) on the day of the competition. All students are advised to leave an extra 10 minutes to walk from the parking lot to the gym.

**Lunch:** Competition will be paused from 12:00 PM – 1:00 PM on Saturday to allow students time for lunch. There will be lunch options available for purchase at CSCS. Refillable water bottles are allowed.

**Check-In:** All participant badge pickup will be located at Colorado Springs Christian School on Friday 11/7 from 6:30 – 7:30 PM and all-day Sat 11/8. Spectator tickets may be purchased at the door OR online during registration.

**Volunteers:** Volunteers are the FOUNDATION of a great event. Volunteers can choose to serve in a 3 hour or 4 hour shift. *Time may not be broken up throughout the day.* Sign Up Here >>

**3 Hour Shift:** Volunteers will receive a free t-shirt and free admission

**4 Hour Shift:** Volunteers will receive a free t-shirt, free admission, 1 free additional spectator ticket, free lunch



Training will take place at the Practice Masters Challenge on Sat 9/27/25 at the Stetson Hills Dojang in addition to “on the job” on the day of the event. Tournament ring volunteers must participate in training prior to Sat 11/8/25. No prior training dates will be required. **Volunteers MUST be age 13 or older.** Exceptions made on a case-by-case basis at the discretion of USTC. Please sign up online using the above QR code.

**Participant Badge:** Each participant will be issued an official name badge to wear around the neck. The Participant badge is required for competition. It should be worn at all times. **You will need a photo of yourself (5 megapixels or less, head shot) for online registration.**

Spectators may purchase wrist bands for admission into the venue. Fees are listed on page 1.

**Holding Area:** Participants should watch the TV monitors throughout the venue 30-45 minutes before their event begins. The TV monitors will display the division numbers that should report to the holding area. Once you check-in in the holding area, do NOT leave the holding area. If you are not present when called, it could lead to disqualification with no refund. When called please wait in your ring’s designated area.

**Shoes:** Shoes are **NOT** allowed for any events without a Doctor’s note stating shoes are required for participation. **Please bring this note with you and show it in the HOLDING AREA.**

**T-Shirts:** The official 2025 Masters Challenge t-shirt will be available for pre-order during the registration process. All participant names will be on the back of the shirt. Pre-order shirts are \$20. There will be a *limited supply* of t-shirts available for sale on a first-come, first-served basis the day of the event. The day of price is \$25. Deadline to pre-order your event t-shirt is ***Monday, October 20, 2025***

**Coaching pass:** Only coaches will be allowed on the competition floor. There is a one-time coaching registration fee of \$20. All coaches must complete the code of conduct form online. Failure to comply with the code of conduct will result in immediate revocation of the coaching pass. Coaches may only be on the competition floor when his or her athlete is on the competition floor to perform. If you purchase a coaching pass you do NOT need to purchase a spectator ticket. On-line Registration closes ***Wednesday, November 5 at 12 PM(Noon).***

Please note: During the competition for Individual Creative Board Breaking (ICB) athletes are encouraged to provide their own holders. You do NOT need a coaching pass to be a holder. However, if you are only a holder – you CANNOT coach the student. If you intend to coach an athlete, you must register for a coach's pass.

**\*\*PLEASE REVIEW ALL RULES CAREFULLY BEFORE PARTICIPATION\*\***

*Rules can be found on the USTC website at [www.familyblackbelt.com](http://www.familyblackbelt.com)*

**Traditional Poomsae Information**

The GEUP chart is a way to classify each belt level.

The Masters Challenge rules for TRADITIONAL FORMS (BOTH INDIVIDUAL AND TEAM) are DIFFERENT than the U.S. Open Taekwondo Hanmadang or Rocky Mountain State Games. For the U.S. Open Taekwondo Hanmadang, each participant MUST perform a SPECIFIC form. For the Masters Challenge, each participant can perform any U.S. Taekwondo Center Form (Taegeuk, Kyoorigi Poomsae, Palgwe etc) that they **have formally learned in class**.

It is **RECOMMENDED**, that higher belt levels such as Bo Dan 2 perform a Higher level Taeguek (6-8) as opposed to Taeguek 1.

<b>U.S. Taekwondo Center BLACK BELT - Leadership and up - Conversion Chart</b>		
<b>Belt Color</b>	<b>Geup</b>	<b>Eligible Form (poomsae)</b>
4 <sup>th</sup> Dan and above	N/A	Hansoo, Cheon Kwon, Ji tae, Sipjin, Pyung won, Taebaek, Keumgang, Koryo, Palgwe 1-8, Kyoorigi Poomsae 1-4, Il Cheon Poomsae 1+2
3rd Dan/Poom	N/A	Taebaek, Geumgang, Koryo, Palgwe 1-8, Kyoorigi Poomsae 4, Il Cheon Poomsae 1+2
2nd Dan/Poom	N/A	Geumgang, Koryo, Palgwe 1-8, Kyoorigi Poomsae 4, Il Cheon Poomsae 1+2
1st Dan/Poom	N/A	Koryo, Palgwe 1-8, Kyoorigi Poomsae 3, Il Cheon Poomsae 1+2
<b>U.S. Taekwondo Center COLOR BELT (GEUP) - Leadership and Black Belt Club - Conversion Chart</b>		
<b>Belt Color</b>	<b>Geup</b>	<b>Eligible Form (poomsae)</b>
Black Belt Eligible	1st	Taegueuk 1-8, Kyoorigi Poomsae 1
Bo Dan 2	1st	Taegueuk 1-8, Kyoorigi Poomsae 1
Bo Dan 1	1st	Taegueuk 1-8, Kyoorigi Poomsae 1
Red Senior 2	2nd	Taegueuk 1-7, Kyoorigi Poomsae 1
Red Senior 1	2nd	Taegueuk 1-7, Kyoorigi Poomsae 1
Red	3rd	Taegueuk 1-6
Brown Senior	3rd	Taegueuk 1-6
Brown	4th	Taegueuk 1-6
Blue	5th	Taegueuk 1-6
Purple	6th	Taegueuk 1-3
Green	7th	Taegueuk 1-3
Orange	8th	Taegueuk 1-3
Yellow	8th	Taegueuk 1-3
<b>U.S. Taekwondo Center COLOR BELT (GEUP) - Basic Course (White uniform) - Conversion Chart</b>		
<b>Belt Color</b>	<b>Geup</b>	<b>Eligible Form (poomsae)</b>
Orange	8th	No Individual Traditional forms option. Only Individual Creative Breaking
Yellow	8th	No Individual Traditional forms option. Only Individual Creative Breaking
White	9th	No Individual Traditional forms option. Only Individual Creative Breaking