



U.S. Taekwondo Center Soccer Tournament Rules

DIVISIONS

1. Teen & Adult Division – Age 13 and older
2. Kids Division – Age 12 and Under
 - All players from each division ***must sign up*** before the picnic.
 - We will not accept people who want to play and try to sign up the day of the picnic when a team has the maximum number of players.
 - If a team does not have enough players they can recruit players at the picnic.

FIELD

- 80m x 40m Fields (87 yards x 43 yards)
- 12ft x 6ft goals

PLAYERS

- 8 starters, 1 goalkeeper and 7 field players. 7 Subs
- Each team will decide the starting members and subs.
- Each team can request subs anytime during the game to the referee.
Whenever the game stops, (Ex - Ball goes out of line, Scored, Foul, Etc...) the Referee will give a signal and switch subs.

GAME RULES

TIME

Teen & Adult Division – Age 13 and older

- 30 minutes, first and second half - Total 60 minutes.
- 10 minutes break time.

Single game.

Kids Division – Age 12 and Under

- 10 minutes, no second half - Switch to the next team after the game.

DETAILS

- No sliding tackles.
- No grabbing or pushing other players.

- No off-side rules.
- Goalkeepers must only use hands within their own goal. (Area is up to referee's discretion, we do not have penalty box line)

Dead Ball

- For every dead ball situation, defensive players should be 5 big steps away from the ball.
- The game is paused when the ball goes out of bounds.

Ball out of sideline

- Ground kick ball (No air ball, no throw in)

Ball out of goal line

- By attacking team – Goal kick, including air ball
- By defense team – Corner kick, including air ball

Score

- The team who lost the score starts at the center half of the field

Fouls

List of Fouls

- Dangerous or unsportsmanlike tackle or physical touch
- Unsportsmanlike or inappropriate speaking or body language
- Hand ball

Penalties

- Player who made a minor infraction will be given a warning (Yellow Card)
- Players who made repeated minor infractions will be given a penalty (5 minutes out of game)
- Players who made a major infraction will be banned from the game (Red Card)
- The opposing team will start with a direct free kick
- No penalty kicks
- If the dead ball is closer than 5 big steps from goal, only 1 defensive player can stay at the goal

Other reasons for pausing the game

- Injury
- Someone or something intruding the field, etc.
- Start by drop ball, each team can yield the ball to their opponents if they wish