



# 2022 U.S. TAEKWONDO CENTER MASTERS CHALLENGE

## FRI, NOVEMBER 4<sup>th</sup> & SAT, NOVEMBER 5<sup>th</sup>

U.S. Taekwondo Center students will have the opportunity to challenge themselves in a safe and controlled environment. Students can participate in a variety of Taekwondo events. All students will be divided into categories based on age, weight, and ability at the USTC's discretion.

**1st, 2nd, and 3rd place participants will be awarded medals!**



### USTC Student Participant Events:

#### BASIC COURSE (BC)

1. Individual Creative Breaking Using Board Breaking techniques learned in class

#### BLACK BELT CLUB (BBC)

1. Individual Traditional Forms
2. Team Traditional Forms
3. Individual Creative Forms Without Weapons
4. Team Creative Forms Without Weapons
5. Individual Creative Breaking
6. Individual Jumping High Kick
7. Individual Power Breaking (Back Kick, Side Kick, Knife Hand)
8. Individual Spinning Hook Kick
9. Demo Team Competition
10. Sparring

#### Leadership & Above

1. Individual Traditional Forms
2. Individual Sport Poomsae
3. Team Traditional Forms
4. Individual Creative Forms With or Without Weapons
5. Team Creative Forms With or Without Weapons
6. Individual Creative Breaking
7. Individual Jumping High Kick
8. Individual Power Breaking (Back Kick, Side Kick, Knife Hand)
9. Individual Spinning Hook Kick
10. Demo Team Competition
11. Traditional Sparring

### COST:

**EARLY BIRD REGISTRATION: ENDS MONDAY, OCTOBER 17, 2022 @ 11:59 PM**

**\$70 Registration Fee for the 1<sup>st</sup> event & \$15 for each additional event.**

**REGULAR REGISTRATION: ENDS WEDNESDAY, NOVEMBER 2, 2022 @ 12:00 PM**

**\$80 Registration Fee for the 1<sup>st</sup> Event & \$20 for each additional event.**

**\*ONLINE REGISTRATION ONLY: No cash payments or Dojang Dollars are accepted. Payment by credit/debit card and checking/savings account can be made online.**

**\*All Board Breaking events will incur an additional flat fee of \$10 per board breaking event.**

**\*If you register for more than 5 events the 6<sup>th</sup> event and beyond will be at the 1<sup>st</sup> event rate.**

#### SPECTATORS

	<u>Advance</u>	<u>At Door</u>
Children 3 & Under	FREE	FREE
Children 4-12	\$5	\$7
Adults 13 & Up	\$7	\$10

**NO REFUNDS**

**Friday, Nov. 4<sup>th</sup> & Saturday, Nov. 5<sup>th</sup> ALL DOJANGS, CLOSED-NO CLASSES**

**ONLINE REGISTRATION WILL CLOSE ON  
WEDNESDAY, NOVEMBER 2<sup>nd</sup> @ 12:00 PM**

**ABSOLUTELY NO REGISTRATIONS WILL BE ACCEPTED AFTER THIS DATE!**

**Register at [www.familyblackbelt.com](http://www.familyblackbelt.com) – You will need the following information:**

*Student Name	*Phone Number	*Belt Rank (Geup)	*Location	*Program
*Birthdate	*Gender	*Height	*Weight	*EVENTS
				*PICTURE

**A weight scale and height chart are available at the front desk.**

**Masters Challenge Schedule of Events (as of 9/23/2022).**  
**Schedule is subject to change after the close of registration**

<b>When:</b>	<b>Friday November 4<sup>th</sup>, 2022 -- All Locations - No Regular Classes</b>
<b>Where:</b>	SoccerHaus – 4845 List Dr., Colorado Springs, CO
1:00 --5:00 PM	Setup -- Volunteers Needed. Sign up at <a href="http://www.familyblackbelt.com">www.familyblackbelt.com</a>
5:15 – 7:00 PM	Referee and scorekeeper training. Attire: Dobok
6:15 – 8:00 PM	Early Participant Check-In. All sparring athletes are highly encouraged to check-in Friday night.
7:00 – 8:00 PM	Recreational Team Demonstration competition
8:00 – 8:45 PM	Dinner for referees and organizing committee , Final setup

<b>When:</b>	<b>Saturday November 5<sup>th</sup>, 2022 -- All Locations - No Regular Classes</b>
<b>Where:</b>	SoccerHaus – 4845 List Dr., Colorado Springs, CO
7:00 AM	All staff, committee chairs, and volunteers arrive
7:10 – 7:20 AM	All Organizing Committee meeting
8:00 AM	Referee photo -- meet at the head table
7:30 AM – 12:30 PM	Doors open & Participant Check-In for all events
8:00 AM	All Sparring participants report to the holding area
8:30 – 10:00 AM	Traditional Sparring, Individual <b>Sport</b> Poomsae
10:00 – 12:00 PM	Team Creative Forms with Weapons, Individual Creative Forms with Weapons, Individual Traditional Forms, Individual <b>Sport</b> Poomsae (cont.), Individual Power Breaking Skipping Side Kick, Individual Power Breaking Turning Back Kick
	Individual Traditional Forms (Cont.), Individual Power Breaking Downward Knife-hand, Individual Spinning Hook Kick
12:00 – 1:00 PM	Lunch Break. Food available for purchase at Soccerhaus
1:00 – 1:45 PM	Opening Ceremonies, Parade of Athletes, Demonstration by USTC National Demonstration Team
1:45 – 2:00 PM	Transition and mat setup
2:15 – 4:30 PM	Team Creative Forms withOUT Weapons, Individual Creative Forms withOUT Weapons, Individual Creative Breaking, Individual Jumping High Kick
4:30 – 6:30 PM	Individual Creative Breaking (Cont.), Team Traditional Forms

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**All Times are tentative.** A final schedule will be available on competition day pending the final number of participants. Students **DO NOT** have to stay all day. If you choose to leave after checking in, you must be back 15 minutes before your event begins. A no-show is an **AUTOMATIC DISQUALIFICATION**. Please, **DO NOT** drop out of any event as it alters numerous divisions and participants. If you cannot participate due to COVID19 you will be credited all fees towards the 2022 Masters Challenge. There are **NO REFUNDS**.

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## **\*DETAILS AND INFORMATION\***

**Lunch:** Competition will be paused from 12:00 PM – 1:00 PM on Saturday to allow students time for lunch. There will be lunch options available for purchase on the balcony at SoccerHaus. NO outside food or drink are allowed in the SoccerHaus. Refillable water bottles are allowed.

**Check-In:** All check-in will be located at SoccerHaus. Spectator tickets may be purchased throughout the day and online during registration.

**Volunteers:** Volunteers are the FOUNDATION of a great event. Volunteers can choose to serve in a 3 hour or 4 hour shift. *Time may not be broken up throughout the day.*

**3 Hour Shift:** Volunteers will receive a free t-shirt and free admission

**4 Hour Shift:** Volunteers will receive a free t-shirt, free admission, 1 free additional spectator ticket, free lunch

Training will take place at the Practice Masters Challenge on Sat 10/15/22 in addition to “on the job” on the day of the event. Tournament ring volunteers must participate in training prior to Sat 11/5/22. No prior training dates will be required. **Volunteers MUST be age 13 or older.** Exceptions made on a case by case basis at the discretion of USTC. Please sign up online at **www.familyblackbelt.com.**

**Participant Badge:** Each participant will be issued an official name badge to wear around the neck. The Participant badge is required for competition. It should be worn at all times.

- a. Spectators may purchase wrist bands for admission into the venue. Fees are listed on page 1.
- b. You will need a photo of yourself (5 megapixels or less head shot) for online registration.**

**Holding Area:** Participants should report to the holding area at least 30 minutes before their event begins. Once you check in, do NOT leave the holding area. If you are not present when called it could lead to disqualification with no refund. When called please wait in your ring’s designated area. One (1) parent can accompany the participant to the competition ring.

**Shoes:** Shoes are NOT allowed for any events without a Doctor’s note stating shoes are required for participation. **Please bring this note with you and show it in the HOLDING AREA.**

**T-Shirts:** The official 2022 Masters Challenge t-shirt will be available for pre-order during the registration process. All participant names will be on the back of the shirt. Pre-order shirts are \$18. There will be a *limited supply* of t-shirts available for sale on a first-come, first-served basis the day of the event. The day of price is \$25.

**Updated Sample Videos** – Training videos with each event are available to view at: [www.usopentkd.com](http://www.usopentkd.com) under Video tab

**\*\*PLEASE REVIEW ALL RULES CAREFULLY BEFORE PARTICIPATION\*\***  
***Rules can be found on the USTC website at [www.familyblackbelt.com](http://www.familyblackbelt.com)***

## Traditional Poomsae Information

The GEUP chart is a way to classify each belt level.

The Masters Challenge rules for TRADITIONAL FORMS (BOTH INDIVIDUAL AND TEAM) are DIFFERENT than the U.S. Open Taekwondo Hanmadang or Rocky Mountain State Games. For the U.S. Open Taekwondo Hanmadang, each participant MUST perform a SPECIFIC form. For the Masters Challenge, each participant can perform any U.S. Taekwondo Center Form (Taegeuk, Kyoorigi Poomsae, Palgwe etc) that they **have formally learned in class**.

It is **RECOMMENDED**, that higher belt levels such as Bo Dan 2 perform a Higher level Taeguek (6-8) as opposed to Taeguek (1-2).

<b>U.S. Taekwondo Center BLACK BELT - Leadership and up - Conversion Chart</b>		
<b>Belt Color</b>	<b>Geup</b>	<b>Eligible Form (poomsae)</b>
4 <sup>th</sup> Dan and above	N/A	Hansoo, Cheon Kwon, Ji tae, Sipjin, Pyung won, Taebaek, Keumgang, Koryo, Palgwe 1-8, Kyoorigi Poomsae 1-4, Il Cheon Poomsae 1+2
3rd Dan/Poom	N/A	Taebaek, Geumgang, Koryo, Palgwe 1-8, Kyoorigi Poomsae 4, Il Cheon Poomsae 1+2
2nd Dan/Poom	N/A	Geumgang, Koryo, Palgwe 1-8, Kyoorigi Poomsae 4, Il Cheon Poomsae 1+2
1st Dan/Poom	N/A	Koryo, Palgwe 1-8, Kyoorigi Poomsae 3, Il Cheon Poomsae 1+2
<b>U.S. Taekwondo Center COLOR BELT (GEUP) - Leadership and Black Belt Club - Conversion Chart</b>		
<b>Belt Color</b>	<b>Geup</b>	<b>Eligible Form (poomsae)</b>
Black Belt Eligible	1st	Taegeuk 1-8, Kyoorigi Poomsae 1-2
Bo Dan 2	1st	Taegeuk 1-8, Kyoorigi Poomsae 1-2
Bo Dan 1	1st	Taegeuk 1-8, Kyoorigi Poomsae 1-2
Red Senior 2	2nd	Taegeuk 1-8, Kyoorigi Poomsae 1-2
Red Senior 1	2nd	Taegeuk 1-7, Kyoorigi Poomsae 1-2
Red	3rd	Taegeuk 1-6, Kyoorigi Poomsae 1-2
Brown Senior	3rd	Taegeuk 1-6, Kyoorigi Poomsae 1-2
Brown	4th	Taegeuk 1-6, Kyoorigi Poomsae 1-2
Blue	5th	Taegeuk 1-6, Kyoorigi Poomsae 1-2
Purple	6th	Taegeuk 1-3, Kyoorigi Poomsae 1
Green	7th	Taegeuk 1-3, Kyoorigi Poomsae 1
Orange	8th	Taegeuk 1-3, Kyoorigi Poomsae 1
Yellow	8th	Taegeuk 1-3, Kyoorigi Poomsae 1
<b>U.S. Taekwondo Center COLOR BELT (GEUP) - Basic Course (White uniform) - Conversion Chart</b>		
<b>Belt Color</b>	<b>Geup</b>	<b>Eligible Form (poomsae)</b>
Orange	8th	No Individual Traditional forms option. Only Individual Creative Breaking
Yellow	8th	No Individual Traditional forms option. Only Individual Creative Breaking
White	9th	No Individual Traditional forms option. Only Individual Creative Breaking