



2021 ROCKY MOUNTAIN STATE GAMES

FRIDAY, JULY 23rd & SATURDAY, JULY 24th

U.S. Taekwondo Center students will have the opportunity to challenge themselves in a safe and controlled environment. Students can participate in a variety of Taekwondo events. All students will be divided into categories based on age, weight, and ability at the USTC's discretion.
1st, 2nd, and 3rd place participants will be awarded medals!

USTC Student Participant Events:

Basic Course (BC)

1. Individual Traditional Forms
KI BON II (1) JANG
KI BON YI (2) JANG
2. Team Traditional Forms
KI BON II (1) JANG
KI BON YI (2) JANG
3. Individual Creative Breaking
 Using Board Breaking techniques
 learned in class

Black Belt Club (BBC)

1. Individual Traditional Forms
2. Individual Sport Poomsae
3. Team Traditional Forms
4. Individual Creative Forms
 Without Weapons
5. Team Creative Forms
 Without Weapons
6. Individual Creative Breaking
7. Individual Jumping High Kick
8. Individual Power Breaking
 (Back Kick, Side Kick, Knife Hand)
9. Individual Spinning Hook Kick
10. Demo Team Competition
11. Daedo Sparring (Electronic Hogu)
12. Traditional Sparring

Leadership & Above

1. Individual Traditional Forms
2. Individual Sport Poomsae
3. Team Traditional Forms
4. Individual Creative Forms
 With or Without Weapons
5. Team Creative Forms
 With or Without Weapons
6. Individual Creative Breaking
7. Individual Jumping High Kick
8. Individual Power Breaking
 (Back Kick, Side Kick, Knife Hand)
9. Individual Spinning Hook Kick
10. Demo Team Competition
11. Daedo Sparring (Electronic Hogu)
12. Traditional Sparring

COST:

PARTICIPANT EARLY BIRD PRICING: ENDS THURSDAY, JULY 1, 2021 @ 11:59 PM

\$65 Registration Fee for the 1st event & \$10 for each additional event.

REGISTRATION: ENDS WEDNESDAY, JULY 21, 2021 @ 10:00 AM

\$75 Registration Fee for the 1st Event & \$15 for each additional event.

ONLINE REGISTRATION ONLY: No cash payments or Dojang Dollars are accepted. Payment by credit/debit card and checking/savings account can be made online.

SPECTATORS

	<u>Advance</u>	<u>At Door</u>
Child	\$5	\$7
Adult	\$7	\$10

NO REFUNDS

Friday, July 23rd & Saturday, July 24th All Dojangs, Closed-No Classes



*For participating in the Rocky Mountain State Games each student will receive **1 RED TOURNAMENT STAR.***

This star is to be worn on the Left Chest of your Dobok.

(Halfway between the top seam and center patch – tip of star 1 inch from collar.)

A minimum of 4 Red Tournament Stars are required to be eligible to test for your Black Belt.

ONLINE REGISTRATION WILL CLOSE ON

WEDNESDAY, JULY 21st @ 10:00 AM

ABSOLUTELY NO REGISTRATIONS WILL BE ACCEPTED AFTER THIS DATE!

Register at www.familyblackbelt.com – You will need the following information:

*Student Name *Phone Number *Belt Rank (Geup) *Location *Program
 *Birthdate *Gender *Height *Weight *Events *PICTURE

A weight scale and height chart are available at the front desk.

Rocky Mountain State Games Schedule of Events (as of 6/22/2021)

Final State Games Friday Preparation and Schedule	
When:	Friday, July 23rd, 2021 -- All Locations - No Regular Classes
Where:	Lewis Palmer HS – 1300 Higby Rd. Monument, CO 80132
5:00 PM – 7:00 PM	Setup -- Volunteers Needed
5:30 – 6:30 PM	Referee and Scorekeeper training (Please review videos in advance of this training) Attire: Dobok
6:30 – 8:00 PM	Early Participant Check-in and Deado (Electronic) Sparring Weigh-In
6:45 – 8:30 PM	Recreational Demo Team Competition
6:45 – 8:30 PM	Championship Demo Team Competition
7:45 – 8:30 PM	Dinner for Referees, Volunteers, Committee Chairs, and Staff
8:30 PM – Finish	Mat and Final Setup for Saturday

Final Masters Challenge Saturday Schedule	
When:	Saturday July 24th, 2021 -- All Locations - No Regular Classes
Where:	Lewis Palmer HS – 1300 Higby Rd. Monument, CO 80132
7:15 AM	All Staff, Committee Chairs, and Volunteers arrive
7:30 AM – 12:30 PM	DOORS OPEN & PARTICIPANT CHECK IN FOR ALL EVENTS
7:30 AM – 8:30 AM	Deado (Electronic) Sparring Weigh-In
8:00 AM	All Referees arrive, <u>MEET AT STAGE</u> for the Referee photo
8:30 AM – 10:00 AM	Deado Sparring Competition, Traditional Sparring Competition
	Individual Traditional Forms, Individual Traditional Forms Para, Individual Creative Forms (WITH weapons), Team Creative Forms (WITH Weapons) (All Belts – All Ages)
10:00 am – 12:00 PM	Individual Spinning Hook Kick, Individual Knife Power Hand, Individual Power Back Kick, Individual Power Side Kick (All Belts – All Ages)
12:00 pm – 1:00 pm	Lunch
1:00 – 1:45 PM	Opening Ceremonies
1:45 – 4:00 PM	Individual Sport Poomsae, Team Creative Forms (withOUT weapons), Individual Creative Forms (withOUT weapons), Individual Creative Breaking, Individual Creative Breaking Para, Jumping High Kick
4:00 – 6:00 PM	Individual Sport Poomsae (Cont.), Individual Creative Breaking (Cont.), Team Traditional Forms

All Times are tentative. A final schedule will be available on competition day pending the final number of participants. Students **DO NOT** have to stay all day. If you choose to leave after checking in, you must be back 15 minutes before your event begins. A no-show is an **AUTOMATIC DISQUALIFICATION**. Please, **DO NOT** drop out of any event as it alters numerous divisions and participants. If you cannot participate due to COVID19 you will be credited all fees towards the 2021 Masters Challenge. There are **NO REFUNDS**.

DETAILS AND INFORMATION

Lunch: Competition will be paused from 12:00 PM – 1:00 PM on Saturday to allow students time for lunch. There will be lunch options available for purchase at Lewis Palmer High School. These details will be announced soon.

Check-In: All check-in will be located at Lewis Palmer High School. Spectator tickets may be purchased throughout the day.

Volunteers: Volunteers are the FOUNDATION of a great event. Each volunteer will receive 1 Free Meal, 1 Free Spectator ticket, and 1 Volunteer T-Shirt for their service on the day of the event. All volunteers must volunteer for **one, 4 hour block**. *Time may not be broken up throughout the day.* Training will be “on the job” on the day of the event except for tournament ring volunteers. No prior training dates will be required. **Volunteers MUST be age 13 or older.** Exceptions made on a case by case basis at the discretion of USTC. Please sign up online at www.familyblackbelt.com.

Participant Badge: Each participant will be issued an official name badge to wear around the neck. The Participant badge is required for competition. It should be worn at all times.

- a. Spectators may purchase wrist bands for admission into the venue. Fees are listed on page 1.
- b. **You will need a photo of yourself (5 megapixels or less head shot) for online registration.**

Holding Area: Participants should report to the holding area at least 30 minutes before their event begins. When called please wait in your ring’s designated area. Parents can accompany their children to the drop-off area for escort to the holding area. Once each event is finalized, participants will be taken to the Awards area where parents can meet their children.

Shoes: Shoes are **NOT** allowed for any events without a Doctor’s note stating shoes are required for participation. **Please bring this note with you and show it in the HOLDING AREA.**

Updated Sample Videos – Training videos with each event are available to view at:
www.usopentkd.com under Video tab

****PLEASE REVIEW ALL RULES CAREFULLY BEFORE PARTICIPATION****
Rules can be found on the USTC website at www.familyblackbelt.com

Traditional Poomsae Information

The GEUP chart is a way to classify each belt level.

The Masters Challenge rules for TRADITIONAL FORMS (BOTH INDIVIDUAL AND TEAM) are DIFFERENT than the U.S. Open Taekwondo Hanmadang.

For the U.S. Open Taekwondo Hanmadang, each participant MUST perform a SPECIFIC form. For the Masters Challenge, each participant can perform any U.S. Taekwondo Center Form (Taegeuk, Kyoorigi Poomsae, etc) that they have formally learned in class.

U.S. Taekwondo Center BLACK BELT - Woosong and Leadership Program - Conversion Chart		
Belt Color	Geup	Eligible Form (poomsae)
3rd Dan/Poom	N/A	Taebaek, Geumgang, Koryo, Palgwe 1-8, Kyoorigi Poomsae 4, Il Cheon Poomsae 1+2
2nd Dan/Poom	N/A	Geumgang, Koryo, Palgwe 1-8, Kyoorigi Poomsae 4, Il Cheon Poomsae 1+2
1st Dan/Poom	N/A	Koryo, Palgwe 1-8, Kyoorigi Poomsae 4, Il Cheon Poomsae 1+2
U.S. Taekwondo Center COLOR BELT (GEUP) - Leadership and Black Belt Club - Conversion Chart		
Belt Color	Geup	Eligible Form (poomsae)
Black Belt Eligible	1st	Taegeuk 1-8, Kyoorigi Poomsae 1-3
Bo Dan 2	1st	Taegeuk 1-8, Kyoorigi Poomsae 1-3
Bo Dan 1	1st	Taegeuk 1-8, Kyoorigi Poomsae 1-3
Red Senior 2	2nd	Taegeuk 1-8, Kyoorigi Poomsae 1-2
Red Senior 1	2nd	Taegeuk 1-7, Kyoorigi Poomsae 1-2
Red	3rd	Taegeuk 1-6, Kyoorigi Poomsae 1-2
Brown Senior	3rd	Taegeuk 1-6, Kyoorigi Poomsae 1-2
Brown	4th	Taegeuk 1-6, Kyoorigi Poomsae 1-2
Blue	5th	Taegeuk 1-6, Kyoorigi Poomsae 1-2
Purple	6th	Taegeuk 1-3, Kyoorigi Poomsae 1
Green	7th	Taegeuk 1-3, Kyoorigi Poomsae 1
Orange	8th	Taegeuk 1-3, Kyoorigi Poomsae 1
Yellow	8th	Taegeuk 1-3, Kyoorigi Poomsae 1
U.S. Taekwondo Center COLOR BELT (GEUP) - Basic Course - Conversion Chart		
Belt Color	Geup	Eligible Form (poomsae)
Orange	8th	Ki Bon 1 + 2
Yellow	8th	Ki Bon 1 + 2
White	9th	Ki Bon 1 + 2

It is **RECOMMENDED**, that higher belt levels such as Bo Dan 2 perform a Higher level Taeguk (6-8) as opposed to Taeguk (1-2).